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State of the American Veteran In California: Myths and Facts about Veterans

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Outline

- Welcome
- About this presentation
- What is a myth?
- Myths and Facts about veterans
- Conclusion





About This Presentation

- This presentation is intended to provide a BALANCED narrative about veterans.
- This presentation contains NO data or theory, although I love theory and data.
- The Myths come from what folks have said to me, and what I have read in the paper or heard on TV or the radio.
- The Facts come from my own research or the research of others.





Welcome

- Thank you for coming!
- How many of you are veterans?
- How many of you work with veterans?
- Thank you for everything you do for veterans and their families!





What is a Myth?

A myth is something we believe that's not true.





There are a lot of things that we believe that ain't so.



All veterans suffer from PTSD or some other mental health disorder.





While many veterans have a mental health problem, most of their symptoms are normal responses to combat.





All veterans are suicidal or homicidal.



While veterans die every day due to suicide, a vast majority will never attempt suicide.





It is easy transitioning from the military back to military life.





Many veterans feel like they don't fit in with civilians.





All veterans are ready to become leaders in your civilian organization.





Many veterans are unprepared for the civilian workforce.





Communities know when their veterans are coming home.





No one tells communities when service members are coming home.





California is a veteran friendly state.





California ranks in the middle of the peak in supporting veterans.





The number of homeless veterans is increasing.



The number of homeless veterans is decreasing.





Most veterans are disabled.





The vast majority of veterans have no disability rating.





If veterans have a health issue they will go to the VA.





Only about half of veterans use the VA.





The VA supports the family of veterans.





The VA is prohibited from providing care to veteran families.



Conclusions



- Many service members leaving the military are not prepared for the transition.
- Many military veterans have a wide range of needs that cannot be easily provided by a single organization.
- Veteran engagement is not organized to provide holistic support to returning veterans and families.
- Most veteran support organizations are focused on meeting acute and chronic needs. Very little attention is given to preventing these conditions or intervening early to prevent them from becoming chronic.



Questions?



Rules for Engagement



- Listen, Listen
- Focus on Adaptive Solutions

ADAPTIVE
PROBLEM
SOLVING

VS.

TECHNICAL
PROBLEM
SOLVING

- Be Bold
- Pay attention to relationships







Center for Innovation and Research on Veterans & Military Families

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Seyron Foo SoCal Grantmakers









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Facilitators



Mike Dowling
We Are The Mighty



Main Entrance

IMAX.